

Children and Young People's Health and Wellbeing Commissioning Group

A meeting of Children and Young People's Health and Wellbeing Commissioning Group was held on Tuesday, 1st September, 2015.

Present: Peter Kelly(Chairman),

Emma Champley, Cllr Mrs Ann McCoy, Diane McConnell and Mark McGivern (substitute for Sarah Bowman Abouna)

Officers: Michael Henderson (LD)

Also in attendance:

Apologies: Kate Birkenhead, Shaun McLurg, Louise Okello and Simon Willson

1 Declarations of Interest

2 Minutes of the meeting held on 1st July 2015

The minutes of the meeting held on 1st July 2015 were approved.

3 Children and Young People's Mental Health Needs Assessment

The Group considered a report relating to the Children and Young People's Mental Health (CYPMH) Needs Assessment.

Members noted the that there had been a number of notable publications that had been published in recent years that supported the children and young people's mental health agenda. No Health without Mental Health, Closing the Gap and Future in Mind set out an approach to CYPMH both locally and nationally.

Locally, a significant amount of work had been and continued to move forward the agenda to give every child the best start in life. A priority of the joint Health and Wellbeing Strategy was to 'Improve the mental health and wellbeing of children and young people'. A CAMHS transformation has already been undertaken and the new TAMHS framework was available for schools to buy into.

To support the local progress Public Health had lead on the development of a Children and Young People's Mental Health Needs Assessment (CYPMHNA)and a copy of this was provided to the Group.

It was noted that every effort had been made to align the HNA with the Children and Young People's Emotional and Mental Health Strategy and Future in Mind Transformation Plan.

It was explained that there was limited data in terms of known referrals to services for particular conditions and therefore prevalence in Stockton had been difficult to assess. Consequently, one of the key recommendation related to collecting better data. Members saw this as a very important issue and it was

important to understand CAMHS data in terms of treatment and outcomes but also why children were referred, whether they were offered the service and how long they had to wait, whether they were not offered the service and what alternative service they may have received. It was agreed that the system for collecting data needed to be improved. Members considered that it should be possible to produce data identifying children who were the subject of a CAF.

Members noted that there was quite a lot of overlap between the recommendations identified to address the key themes and the recommendations within the CYP Emotional and Mental Health Strategy and Stockton Transformation Plan. However there were some areas that may not be aligned and needed to be considered:

Early Identification and Early Diagnosis - B(iv)CAF - It was suggested that more work was needed around this - how information from CAF was collated and used.

It was agreed that officers would check that everything had been picked up from the HNA and was explicitly dealt with in the transformation plan.

It was felt that this was a key element of Early Help and would prevent intervention further down the line. It would be important that Martin Gray, the recently appointed Head of Early Help and Partnerships, was sighted on this work when he arrived at the Council. Diane McConnell, Mark McGivern and Emma Champley would arrange to give Martin a thorough briefing.

RESOLVED that discussion be noted/actioned where appropriate.

4 Children and Young People's Emotional and Mental Health Strategy and Stockton Locality Future in Mind Transformation Plan

Members considered a report that provided an update on the recent publication of 'Future in Mind' which set out an approach for the NHS both locally and nationally to address mental health of children and young people. The report highlighted the implications for local implementation and how this would align with the Joint Tees local children and young people's emotional wellbeing plan.

The Group was provided with the Stockton Locality action plan associated with the CYPEMH (each other Tees Valley authority had its own locality action plan). Members were reminded that the plan had been mapped to the children and young people's mental health needs assessment and further work in this regard would take place as discussed in the previous item.

It was explained that participating in Future in Minds would lead to a recurrent investment into HaST CCG of £427k per annum, to be spent in partnership, working towards delivery of specific parts of the action plan that aligned with the key priorities outlined by NHS England in the given year.

The key priorities for this year were:

Capacity Building
Perinatal Mental Health
Eating Disorders

It was pointed out that the CCG had already committed significant resources to perinatal mental health and eating disorder pathways but capacity building could be applied many actions on the action plan.

Public Health would, together with the CCG, lead the coordination of the action plan, but alongside that relevant council officers needed to review each action and identify who's responsible, within the local authority, to help deliver the plan as a whole. Also, if possible provide a KPI that could be used to demonstrate performance against each action. Future in Minds also required details of the level of investment, by the Council, in CYP mental health for 2015/16. This would be followed up outside the meeting by Mark McGivern and Lynn Sparrey. Any figure used in the final submission must be approved by Finance.

The Group went through the action plan, action by action:

1.1 ...clear offer to schools. This wording needed to be reconsidered and it was felt that it was a matter for the Integrated Mental Health Task and Finish Group to process map, produce a clear offer and communicate it.

Work with providers to ensure data is routinely collected...- Discussion with Ian Coxon.

1.3 Continue roll-out of training for schools... - Martin Gray or Diane McConnell.

1.4 CESC lead - Martin Gray to identify.

2.3 Transitions - CESC lead to be identified outside the meeting. Discussion between public health and Diane McConnell.

2.4. 1/2 Jane Harvey (CESC) and probably Jo Heaney (CCG).

2.4. 3 - LAC MH Support - Linda Russell Bond.

2.4. 4 - Further Actions - This Commissioning Group

3.1.3 - Jane Harvey and Jo Heaney.

4.1. 1/2/3 - Integrated Task Mental Health Task and Finish Group

4.2.1 - TEWV but ensure this is understood.

4.2.2 - links with Jane Harvey also.

5.2.1/2/3 - CCG, Public Health. CESC lead determined by Shaun McLurg.

6.1 - also link in with Diane McConnell and the Youth Parliament.

6.2.1 - CESC Lead - Chief Advisor/Fiona Ranson

6..2.2 - Jo Heaney and Shaun McLurg's Team

Noted that the plan had to be presented on NHS England's template with an overarching report from Hartlepool and Stockton on Tees.

More reference to Self Harm was needed.

The Group agreed that one of the key themes identified in the HNA (referenced as B(iv) in the HNA report discussed earlier in the meeting) related to CAF and must be included in the transformation plan. B(iv) to be lifted word for word and placed in 1 - More Children and young people will have good mental health - responsibility of Task and Finish Group.

It was suggested that a report on the HNA and Transformation Plan should go to Cabinet later in the year, or early next year.

Members noted that funding was recurrent but nationally set priorities may change each year which would cause issues in terms of continuity.

RESOLVED that discussion be noted/actioned where appropriate.

5 CSE Review recommendations - update

It was explained that updates on this would be considered by the Group on a quarterly basis.

RESOLVED that progress be considered on a quarterly basis.

6 Forward Plan

Members noted the Forward Plan.

7 Exempt Information

RESOLVED that members of the public be excluded from the following item of business as it contains exempt information as defined in paragraph 3 of schedule 12a of the Local Government Act 1972.

8 Tender for family contact and transport services and children's home and community based support for children with complex needs

The Chairman explained that he had agreed to this matter being considered by the Group at short notice as he considered that it was important that members were updated on the issue and could provide input. He had not felt it could be delayed to the Group's next meeting.

The report detailed proposals to tender for the the above as the current service expired on 31 March 2016.

The report provided details of how the current service had operated and the associated costs.

It was noted that a tender opportunity would be advertised early in September with a view to the provider being appointed by early December.

Members noted recommendations relating to features of the tender specification.

RESOLVED that the recommendations relating to the tender specification be agreed.